

New Jersey LMSC Presents

2009 Annual Awards Banquet

Saturday, April 4, 6-10 p.m.

Lafayette Lodge #27

1550 Irving Street, Rahway, NJ

Buffet dinner ■ Slide Show ■ BYOB ■ Door Prizes

Join your fellow NJ Masters swimmers for some food and fun outside of the pool as we honor swimmers achieving continuous USMS membership milestones!



Featured speaker

Rob Butcher

Executive Director

United States Masters Swimming

COST: \$25 for registered USMS Members; \$35 for guests if received by March 30. Make checks payable to "New Jersey LMSC" and mail to Jeff Jotz, P.O. Box 873, Rahway, NJ 07065. Cost at the door is \$35/\$45 per person.

Join us for a pre-dinner workout at the Rahway Branch YMCA next door (1564 Irving St.) from 3:30-5 p.m. Parking for the workout and the dinner is available in the YMCA parking lot at no charge.

For more information contact Jeff Jotz at (732) 382-9419 or jjotz@yahoo.com.

NAME:	ADDRESS:
USMS NUMBER:	DAYTIME PHONE:
E-MAIL:	EVE. PHONE:

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, EVENT SPONSORS, EVENT COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE EVENT OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. (Rule Book Article 203.1)

Signature _____

Date _____

Directions to the Lafayette Lodge #27 / Rahway Branch YMCA
1550-1564 Irving St., Rahway, NJ 07065

From Garden State Parkway Southbound: Exit at exit 135 (Clark/Westfield) and immediately bear left. Follow the traffic circle back under the Parkway and make the first right after the Parkway underpass onto Brant Avenue. Turn left at the first traffic light (Westfield Avenue) and continue for approximately 1.5 miles. After crossing St. Georges Avenue (Rt. 27), turn right at the next traffic light onto Irving Street. YMCA Parking lot is 2 blocks ahead on your right, right after the intersection of Central Ave./Hamilton St.

From GSP Northbound: Exit at exit 131 (Rt. 27/Rahway). Follow Route 27 (Lincoln Highway) north to Rahway. Merge left at the traffic light onto St. Georges Avenue, past the Bell Ford auto dealership (there will be an Amtrak train trestle on your right). Turn right past Drug Fair shopping Center at light onto Central Avenue. Follow Central Avenue approx. 1/2 mile to Irving St. and turn right. YMCA parking lot is ahead on your right.

From NJ Turnpike (North or South): Exit at exit 12 (Rahway/Carteret) and turn right at the first light after the tollbooth (Roosevelt Avenue). Follow Roosevelt Avenue for approximately 1.5 miles (it will turn into Randolph Avenue) to the traffic light at the DMV inspection station that will be in front of you. Turn right at the light onto Rahway Ave. / Woodbridge Rd. Turn left at the next light onto East Hazelwood Avenue. Proceed under the Route 1 & 9 overpass and turn right at the next light onto Main Street. Follow Main St. under the railroad trestle and turn left at the third light onto Elizabeth Ave. Follow to the stop sign and turn left onto Irving Street. Make a quick right turn into the YMCA parking lot.

Via NJ Transit (Northeast Corridor or No. Jersey Coast Lines): Take the train from Trenton/Bay Head or New York/Newark to Rahway. Proceed down stairs or elevator and walk east across the train station plaza (at the corner of Irving Street and East Milton Avenue). Walk north up Irving Street; YMCA is 2 blocks ahead on your left.

