

# JASON E. NESSEL MEMORIAL INVITATIONAL

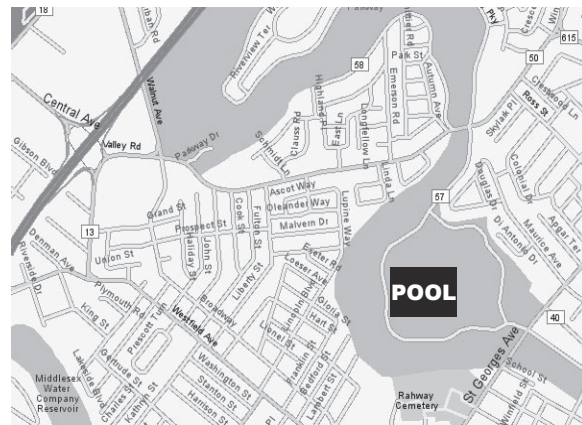
Saturday, August 1, 2009

7:15 am warmup, 8 am start

NJLMSC & USMS Sanction #079-S03



Walter E. Ulrich Pool  
Rahway River Park  
Rahway, New Jersey



**ENTRIES:** The meet is open to all Masters Swimmers holding a valid 2009 USMS registration card. A copy of your card must accompany your entry! Enter times in long course meters. **Maximum four (4) entries per swimmer.**

**FACILITIES** Pool is 8 lanes, each 50 meters long. Depth ranges between 3-5 feet. Electronic timing. Bring your own lawn chair.

**AWARDS:** Custom awards for First through Sixth place.

**COST:** \$12 meet surcharge. \$4/ individual event and \$8/relay. Mail payment to Jeff Jotz, P.O. Box 873, Rahway, NJ 07065

**DIRECTIONS:** *Garden State Parkway Southbound:* Exit at Exit 135 (Clark/Westfield) and immediately bear left towards Rahway. When you pass under the Parkway, make your second right onto Valley Road. Follow Valley Road through traffic light for 1 mile and turn right into park at sign. Pool is 1/2 miles ahead on left.

*Garden State Parkway Northbound:* Exit at Exit 135 (Clark/Westfield) and immediately bear left onto traffic circle. Make your first right onto Valley Road and follow directions above.

**For more information contact Jeff Jotz at (732) 382-9419 or [jjotz@yahoo.com](mailto:jjotz@yahoo.com).**

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Saturday, August 1, 2009

## MEET ENTRY FORM

Name (print): \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_ USMS #: \_\_\_\_\_

Club: \_\_\_\_\_ Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

EVENT	TIME	FEES
1. 400m freestyle		Meet surcharge \$12
2. 50m butterfly		Events x \$4 _____
3. 50m backstroke		No deck entries Maximum 4 entries per swimmer
4. 100m breaststroke		Relay x \$8 _____
5. 200m I.M.		TOTAL _____
6. 100m freestyle		Attach copy of your 2009 USMS card.
200 Choice of one: 7. 200m freestyle 8. 200m backstroke 9. 200m breaststroke 10. 200m butterfly	circle one	Send meet entries to:  Jeff Jotz P.O. Box 873 Rahway, NJ 07065
11. 100m backstroke		By July 24
12. 50m freestyle		
13. 50m breaststroke		
14. 100m butterfly		
15. 400m mixed free relay		

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. (rule book article 203.1)

Signature: \_\_\_\_\_ Date: \_\_\_\_\_