

5K Postal

NJ LMSC Postal Records
5K Postal Event

Individual Records

Women

| Age Grp | First Name | Last Name | Age | Club abbr. | Time | Year |
|--------------|------------|-----------|-----|------------|------------|------|
| 18-24 | | | | | | |
| 25-29 | Julie | Porro | 29 | BERK | 1:19:15.03 | 2008 |
| 30-34 | | | | | | |
| 35-39 | Deirdre | O'Mara | 37 | BERK | 1:18:37.47 | 2008 |
| 40-44 | Lynn | Ascione | 41 | BERK | 1:26:01.70 | 2008 |
| 45-49 | Susan | Kirk | 48 | BERK | 1:27:10.46 | 2008 |
| 50-54 | Patricia | Quinlan | 50 | BERK | 1:48:35.06 | 2008 |
| 55-59 | Judith | Lee | 58 | BERK | 1:49:25.09 | 2008 |
| 60-64 | | | | | | |
| 65-69 | | | | | | |
| 70-74 | | | | | | |
| 75-79 | | | | | | |
| 80-84 | | | | | | |
| 85-89 | | | | | | |
| 90-94 | | | | | | |
| 95-99 | | | | | | |
| 100+ | | | | | | |

Men

| Age Grp | First Name | Last Name | Age | Club abbr. | Time | Year |
|--------------|------------|-----------|-----|------------|------------|------|
| 18-24 | Thomas | Aine | 20 | GSM | 1:09:53.95 | 2008 |
| 25-29 | | | | | | |
| 30-34 | | | | | | |
| 35-39 | | | | | | |

5K Postal

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|--------------|----------|----------|-------|-------|------------|------|
| 40-44 | _____ | _____ | _____ | _____ | _____ | |
| 45-49 | _____ | _____ | _____ | _____ | _____ | |
| 50-54 | Philippe | Delamare | 52 | BERK | 1:12:43.23 | 2008 |
| 55-59 | James | Ryan | 55 | GSM | 1:11:00.29 | 2007 |
| 60-64 | _____ | _____ | _____ | _____ | _____ | |
| 65-69 | _____ | _____ | _____ | _____ | _____ | |
| 70-74 | _____ | _____ | _____ | _____ | _____ | |
| 75-79 | _____ | _____ | _____ | _____ | _____ | |
| 80-84 | _____ | _____ | _____ | _____ | _____ | |
| 85-89 | _____ | _____ | _____ | _____ | _____ | |
| 90-94 | _____ | _____ | _____ | _____ | _____ | |
| 95-99 | _____ | _____ | _____ | _____ | _____ | |
| 100+ | _____ | _____ | _____ | _____ | _____ | |

RELAY RECORDS

WOMEN

| Age Group | Total Time | Club Name | First Name | Last Name | Age | Year |
|------------|-------------------|-------------|-------------|-----------|-------|------|
| 25+ | 4:03:45.20 | BERK | Julie | Porro | 29 | 2008 |
| | | | Deirdre | O'Mara | 37 | |
| | | | Lynn | Ascione | 41 | |
| 35+ | _____ | _____ | _____ | _____ | _____ | 2008 |
| | | | _____ | _____ | _____ | |
| | | | _____ | _____ | _____ | |
| 45+ | 4:45:32.82 | BERK | Mary | Guilfoyle | 45 | 2008 |
| | | | Anne | Clewell | 45 | |
| | | | Anne-France | Sailot | 45 | |

MEN

5K Postal

| Age Group | Total Time | Club Abbr. | First Name | Last Name | Age | Year |
|-----------|------------|------------|------------|-----------|-----|------|
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MIXED

| Age Group | Total Time | Club Name | First Name | Last Name | Age | Year |
|-----------|------------|-----------|------------|-----------|-----|------|
| 25+ | 5:15:27.70 | BERK | Julie | Porro | 29 | 2008 |
| | | | Michael | Fanelli | 54 | |
| | | | Philippe | Delamare | 52 | |
| | | | Deirdre | O'Mara | 37 | |
| | | | | | | |
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