

New Jersey LMSC Board Meeting Minutes

10:00am Sunday, September 15, 2024

[Google Meet](#)

Attendees:

Board Members: Ed Tsuzuki, Laura Smith, Chris McGiffin, Jerry O'Mara, Linda Brown-Kuhn, Tom Brunson, Marie Vellucci, Paola Morchio, Sara Johnston

Board Members Absent: Mike Recchia, Lorna Ciadella-Morehead

Guests: Albie Ashbrook

ACTION ITEMS

1. **Jerry offered to be the second signatory for the LMSC checking account and will work with Mike to complete the necessary steps, contacting USMS, as needed. Jerry and Mike to meet at a Citizens branch to make the change (*Open since 12/3/23*)**
2. **Mike to pursue a 10 Month CD account with our current bank (Citizens) with \$30,000 of NJ LMSC funds to take advantage of an offered 5.5% interest rate. Mike and Jerry to coordinate this when they meet at Citizens (*Open since 12/3/23*)**
3. **Chris to meet with Sharon to review Secretary volunteer role, Facebook management (*Open since 6/2/24*)**
4. **2023 Awards orders - Jerry/Chris/Ed to coordinate the orders needed (*Open since 6/2/24*)**
5. **Laura to investigate Upcoming NJ Events web page broken link**
6. **Laura to add information to the web site Calendar**
7. **Linda to confirm feasibility of expanding the Delawar River Swim to other neighbor LMSCs (DV, Metro, NJ)**
8. **Ed and Chris to check into 50 x 50's options with Bridgewater and JAC for Sat., Jan 4 or Sun., Jan 5.**
9. **Jerry and Linda to summarize details and budget needs for new "Holiday Countdown Challenge" fitness event**
10. **Paola to coordinate banquet Grab Bag, Registration table**
11. **Paola to contact Elliot Lehrer to invite him as banquet guest speaker**
12. **Chris to revise NJ LMSC Coach Scholarship Program Google Form**
13. **Chris to include Election nominations info in member email about NJ LMSC Annual Meeting**
14. **Chris to share info about option to migrate member emails to Constant Contact**
15. **Chris to propose motion to reimburse Secretary for Google Meet tool use for LMSC meetings**

MOTIONS

1. **MSA via email: (Chris moved, Ed seconded) To approve Ed and Paola as LMSC representatives to the USMS Volunteer Relay and provide them reimbursement for travel expenses (ground transportation, airline ticket, one-half of room cost (USMS covers the other half), and meals (excluding alcohol)**

- 2. **MSA via email: (Chris moved, Jerry seconded) That the NJ LMSC cover the banquet registration costs for guest speaker, Elliot Lehrer, his wife and two sons and that we offer a donation to a charity of his choosing not to exceed \$1000.**
- 3. **MSA via email: (Chris moved, Jerry seconded) to approve the creation of a 2024-25 NJ LMSC Coach Development Scholarship Program that covers (A) Coach Certification Courses (registration costs only, no specified limit) and (B) Coach Continuing Education, which includes USMS Clinic classroom course (registration cost only, no specified limit) and USMS National Coaches Clinic (registration cost + up to \$1000 travel-related costs, limited to five (5) USMS-certified coaches actively running workouts)**

Meeting was called to order at 10:07am

I. Review Open Action Items

II. Officer Reports

- Newsletter (S. Johnston)
 - Remaining 2024 issues:
 - September/October - deadline is Oct 1
 - Banquet invite, speaker info
 - November/December - deadline is Dec 1
 - Boost readership ideas
 - Post newsletter to Facebook
 - Separate newsletter only email with PDF and link to NJ Masters
 - Use tag lines that grab attention
- Treasurer (M. Recchia)

	NJLMSC Financial Statement				
Beginning Cash Balance	1/1/24				\$49,548.83
<u>INCOME</u>			<u>BUDGET</u>		<u>ACTUAL</u>
USMS Individual			\$180.00		
LMSC Donations			\$1,500.00		\$565.00
LMSC Individual			\$15,000.00		\$10,376.00
Meet Sanction/Recognition Fees			\$500.00		
Interest Income			\$25.00		\$4.71
Club Collections			\$400.00		\$14.00
Annual Dinner Collections			\$1,500.00		
Special Events			\$500.00		

Merchandise Sales			\$75.00		
Meet Performance Deposits			\$800.00		\$300.00
Open Water Sanction Fee			\$100.00		
TOTAL INCOME			\$20,580.00		\$11,259.71
<u>EXPENSES</u>					
USMS Individual			\$300.00		
Coach&ALTS Certification Grant			\$250.00		
Registrar Expenses			\$200.00		
Rule Books			\$36.00		
Convention Costs			\$3,500.00		
Annual Dinner			\$6,300.00		\$1,000.00
Tributes & Awards			\$1,750.00		\$400.48
USMS Leadership Summit			\$0.00		
Club Assistant Web Mgt.			\$580.00		\$510.00
Special Events			\$3,000.00		\$2,742.80
USMS Volunteer Relay			\$2,100.00		
Domain Fee			\$10.00		
USMS Meet Sanctions			\$750.00		\$300.00
Miscellaneous Expense			\$200.00		\$915.60
Performance Reimbursement (Sanctions)			\$800.00		\$100.00
USMS Open Water Sanction Fee			\$800.00		
TOTAL EXPENSES			\$20,576.00		\$5,968.88
Cash Balance	9/15/24				\$54,839.66
<u>SPECIAL EVENTS</u>			<u>INCOME</u>		<u>EXPENSE</u>
50 x 50					\$400.00
100 x 100					\$800.00
LMSC Clinic					
Swim University					
Last Chance Swim					\$150.00

Refreshments					\$692.90
Delaware River virtual swim					\$788.00

- Membership Coordinators (T. Brunson/C. McGiffin)
 - Current 2024:
 - 1,009 Members Registered (537 Men, 472 Women)
 - 22 registered clubs for 2024
 - 62 self-identified coaches for 2024
- Secretary (C. McGiffin)
 - August eNews email was sent 8/4 to 949 members
 - USMS "Esther" platform is being decommissioned (date is TBD), per USMS Annual Meeting announcement
 - See New Business topic for consideration of establishing a Constant Contact account

- Sanctions & Safety (L. Ciadella-Morehead)

	Event Title	Date	Sanction
Sanction	Jason Nessel Memorial Invite (LCM)	8/10/24	#074-S002
Sanction	Somerset County YMCA Masters Pentathlon Swim Fest	12/7-8/24	#074-S003

- Top Ten and Records (E. Tsuzuki)
 - The NJ LMSC records have been updated for the following events:
 - 2024 U.S. Masters Swimming Spring National Championships at Indiana University on June 20-24, 2024
 - Jason Nessel Memorial Invitational Swim Meet at the Rahway River Park Pool on August 10, 2024
 - Summer Shorts Sprint Meet at The St. James Pool House in Springfield, VA on July 21, 2024.
 - USMS Summer National Championships in Mission Viejo, CA on August 22-25, 2024
 - The NJ LMSC LCM top ten files were submitted on September 14, 2024. The files included 1 LCM meet:
 - August 10, 2024, Jason Nessel Memorial Invitational Meet
 - The application for Jim Dragon's (80-84) 50 fly SCY USMS National Record, set at the Somerset County YMCA Last Chance Meet on May 19, 2024 was submitted and approved on August 7, 2024.
- Webmaster (L. Smith)
 - Current website is up to date including this summer's record breaking swims, results from the virtual swim and Fastlane issues
 - Website analytics data from Google and basic data export/overview PDF was provided to Board volunteers via email
 - Upcoming NJ Events link is broken (**Laura** to contact Club Assistant)
 - **Laura** to add information to the Calendar
- Open Water (M. Vellucci)

- Coaches Chair (Vacant)
- Fitness (L. Brown-Kuhn)
 - Last Chance 5K Swim – We had 42 people, with a cap of 50. Our numbers were helped by the fact that an open water swim that day was cancelled
 - Delaware River Swim - Due to the success of this event, Linda proposed an expansion idea to invite all the LMSCs who border the Delaware River to join.
 - **Linda** to confirm feasibility of expanding to other LMSCs (DV, Metro, NJ)
 - 50 x 50's event - proposal to hold this swim on Sat., Jan 4 or Sun., Jan 5
 - JAC or Bridgewater? **Ed and Chris** will check on availability and cost
 - New idea: "Holiday Countdown Challenge" (virtual) event 9100 yds/meters - achievers get a holiday ornament. **Jerry and Linda** to summarize details and budget needs
- Officials (M. Vellucci)
 - As of 7/18/24 there are 522 stroke and turn judges, 288 starters and 134 referees (3 of the officials are from NJ)
- Event Coordinator (P. Morchio)

III. Old Business

A. USMS Annual Meeting

- Jerry and Chris are attended as NJ delegates
- Some highlights
 - Annual fee for 2025 - 2027 registration years will be \$75 (\$12 to LMSC in 2025, then \$10 to LMSC in 2026-27)
 - Sanction fees will be \$0 for pool and open water events
 - [2024 Service Awards Presentation](#) - Recognition and Awards Committee
 - [2024 In Memoriam Presentation](#) - History and Archives Committee
 - [2024 Elections for At-Large Directors](#)

B. USMS Volunteer Relay Oct.18–20, 2024 Houston, TX - Ed and Paola are attending representing NJ LMSC

- MSA via email: (Chris moved, Ed seconded) To approve Ed and Paola as LMSC representatives to the USMS Volunteer Relay and provide them reimbursement for travel expenses (ground transportation, airline ticket, one-half of room cost (USMS covers the other half), and meals (excluding alcohol))

C. Banquet preparations

- 10/27/24: 5-8pm (**Before Oct 15** \$25 members/guests / \$40 thereafter) Award winners and Board Members Free
- **Paola** to coordinate banquet Grab Bag, Registration table
- [2023 Award Achievers](#)
- Awards to be ordered
 - 35YR Parkas x 2 custom size - **Ed to help order - Tom has an XL that he will not use (post a pic on NJ web page)**
 - [30YR Backpack](#) need 2 (order extra) - **Jerry to check on vendor from Susan**
 - [25YR Windbreaker](#) x 2 custom size - **Chris to help order**

- [20YR Towels](#) need 6 (order extra) - Jerry to check on vendor from Susan (new logo)
- [15YR Mesh Bags](#) need 11 - Jerry to check on vendor from Susan
- 10YR Water Bottle - plenty of inventory
- 5YR Bag Tag - plenty of inventory
- Banquet Speaker
 - Board proposed Gabby Rose, with a second nomination for Elliot Lehrer (**Paola** to contact Elliot)

IV. NewBusiness

- A. [USMS National Coaches Clinic](#) attendees - Oct.18–20, 2024 Houston, TX
 - We are discussing the proposed LMSC scholarship proposal and reimbursement for travel (inc transport), registration, meals, lodging
 - Cap on scholarships (2024 - 5)
 - Criteria for reimbursement (Certified and Active Coaches only - running workouts)
 - Maximum for reimbursement (\$1000.00 + registration fees)
 - **Chris** to share revised Google Form for scholarship applicants
- B. Board Volunteer election nominations procedure
 - **Chris** to include announcement in email comms, **Sara** in Newsletter, **Laura** on website
- C. Proposal to shift email communications from USMS "Esther" platform to Constant Contact
 - **Chris** will circulate information about Constant Contact to the Board for consideration
- D. Google Meet account for LMSC Board use (reimburse Secretary)
 - **Chris** to draft a motion for Board consideration

V. Next LMSC Meeting

- A. Date ~ Annual Meeting Dec 1
- B. Time ~ TBD
- C. Place ~ TBD

VI. Adjournment

- A. Meeting adjourned at 11:37am